



**INVITATION and  
FIRST ANNOUNCEMENT**  
for current and new members

**9<sup>th</sup> Convention of the  
International Network on Sport and Health Science**

**Wednesday 20th - Sunday 24th of March, 2013  
Volos (Greece)**

organized by

**Department of Physical Education and Sport Science  
University of Thessaly (Greece) and INSHS**



κτήριο Ιατρικής, Λάρισα

Department of Physical Education and Sport Science  
University of Thessaly, Tel +30 24310 47017  
Fax +30 24310 47042

## INTRODUCTION OF INSHS

What does it mean „networking”? It means thematic collaboration/cooperation between partners. It means saving money and time and also easy communication. The advantages to network member institutions are (among others) : no obligations, no bureaucratic administration, no participation fee, free choice for being involved in international projects and to promote their international cooperation activity in the most efficient way. **Web site:** [www.eusponet.com](http://www.eusponet.com)

**International Network in Sport and Health Science (INSHS)** is a perfect example for a good functioning higher education thematic network. It was established in **2005 by the Institute of Sport Science of University of West- Hungary** (former Berzsényi College) **Szombathely (Hungary)**. UWH is still the co-ordinator institute of it. Currently we have 32 member institutes from 22 countries from all around Europe and the number of participant institutions are growing year to year. Since 2012 INSHS is going to be open for universities outside of Europe as well. The members are HEI's which are involved in sport and health sciences.

We have had our annual network meetings/conventions in **Szombathely, Hungary (2005)**, **Magdeburg, Germany (2006)**, in **Ljubljana, Slovenia (2007)**, in **Bad Gleichenberg, Austria (2008)**, in **Cardiff, Wales (2009)**, **Telemark, Norway (2010)**, **Tartu, Estonia (2011)** and **Zagreb, Croatia (2012)**.

INSHS is an open, innovative network on the field of sport and health science supported by **SportProfNet**.

### **The main strategic goals of INSHS are:**

- Improving any kind of cooperation/collaboration activities among the involved higher education institutes (HEI's)
- Enabling formal project partnerships in areas or disciplines that are shared by different HEI's members of the network. What are these areas?
  - Common degrees, curriculum development - BSc, MSc, PhD
  - Common grants
  - Staff and student mobility – Erasmus and other
  - Common research projects
  - Publications
  - Meetings (workshops/seminars) , intensive programmes
  - Conferences, other scientific events
  - Praxis -Leonardo
  - Camps (skiing, water, tourism etc.)

**Members:**

1. University of West- Hungary (**Hungary**) - coordinator institute
2. FH- Joanneum,(Bad Gleichenberg (**Austria**))
3. University of Primorska (**Slovenia**)
4. Otto - von Guericke University (Magdeburg- **Germany**)
5. University of Bologna (**Italy**)
6. Masaryk University (Brno- **Czech Republik**)
7. University Ljubljana (**Slowenia**)
8. University Zagreb (**Croatia**)
9. University of Alicante (**Spain**)
10. University of Valencia (**Spain**)
11. University Telemark (**Norway**)
12. University of Middlesex (**UK**)
13. University School of Physical Education Poznan (**Poland**)
14. University of Nancy (**France**)
15. Latvian Academy of Sport Education (**Latvia**)
16. Veliki Luki State Academy of Physical Education and Sport (**Russia**)
17. University of Thessali (**Greece**)
18. University of Tartu (**Estonia**)
19. University of Salerno (**Italy**)
20. University of Enna (**Italy**)
21. University of Leszno (**Poland**)
22. University of Salerno (**Italy**)
23. University of Tallin (**Estonia**)
24. Lithuanian Academy of Physical Education (**Lithuania**)
25. Academy of PE in Katowice (**Poland**)
26. Matej Bel University (**Slovakia**)
27. University of Lorraine (**France**)
28. University Catolica Valencia (**Spain**)
29. Hebei University (**China**)
30. Assiut University (**Egypt**)
31. Universite Paul Sabatier (**France**)
32. Catholic University of Valencia (**Spain**)

The success of INSHS is marked by many thriving top level organized events, scientific projects international study programmes, student and staff activities over the last eight years. The representatives from the different universities became not just colleagues, but also friends. The challenge of our network is to get more acknowledgement and popularity all over the world and to improve the effectiveness of co-operation between the member universities. I am hoping to meet all of you in Volos!

Best Regards,

**Dr. Henriette Dancs, PhD**  
**Head Coordinator of INSHS**

Contact email: [dancs@mnsk.nyime.hu](mailto:dancs@mnsk.nyime.hu); ([hdancs@yahoo.com](mailto:hdancs@yahoo.com))



You are warmly invited to the:

***“9th Convention of the  
International Network of Sport and Health  
Sciences”***

by

**Prof.Ioannis Theodorakis** - Vice rector of academic affairs

**Prof.Vasiliki Zisi** – Chair of the Local Organizing Committee

**Prof.Henriette Dancs** - Head Coordinator of INSHS



# About the Host

## University History

The University of Thessaly was founded in 1984 and has elected the first Rectorate Board in 1998. Its administrative and academic centre is in the city of Volos. In order to serve the needs of the region of Thessaly, its first Departments were based on agricultural, educational and technological sciences. In its initial phase of organization and operation there have been eight Departments, seven of them in Volos and one, the School of Medicine, in Larissa. Since 1984 and onwards the University of Thessaly has been gradually growing with new Departments in the four biggest cities of the region of Thessaly, Volos, Larissa, Trikala and Karditsa. Its present academic structure consists of sixteen (16) Departments, four (4) Faculties and they were all founded by the end of 2000-01.

The main mission of the University of Thessaly is the promotion of scientific knowledge through research and the contribution to the cultural and economic development of the local community and wider society. It is known for its excellent research performance and outstanding scientific achievements, in accordance with the international standards. The excellent equipped Laboratories of the different Departments and Research Units have a number of well trained researchers to support them. The members of the academic and research staff participate in European research networks and numerous innovative research projects in the EC.

Emphasis is also given on the bond between the University of Thessaly and the local society. This bond is further supported by the operation of the University Hospital of Larissa which covers the medical needs of the whole region of Thessaly. The University brings also students in contact with the labour market through its *Career Office*, and it encourages a great deal of social activities and public lectures on various issues held by qualified academic staff. Since May 2009 there has also been a significant cooperation between the University and the *National Radio of Volos* for the organization of radio broadcasts, which have a main impact in the local and wider society.

Student life in the University of Thessaly is also rather intense. The students have established well-organised associations which are highly active in the fields of sports and culture.

Today the University of Thessaly has 9.647 undergraduate students, 1.471 postgraduate students and 1.148 PhD students. It also has 560 members of teaching and research staff, 98 members of teaching staff with a temporary teaching contract, 308 members of administrative staff and 57 members of Special Technical Laboratory Staff. It is a University with its own identity and with a prominent position in our national educational system, known for its quality in teaching, research, human resources, spirit of cooperation at all levels and a dynamic presence in the society.



## General organisation

Suggested day of arrival: 20<sup>th</sup> March 2013

Suggested day of departure: 24<sup>th</sup> March 2013

### Accommodation

Possible accommodation: **Hotel "Xenia Volou"**

<http://www.domotelxeniavolouhotel.com/en/index.html> since it is in the center of the city.

**More detailed technical information regarding travelling/accomodation and costs will be send at the 2<sup>nd</sup> Announcement until the:**

**15<sup>th</sup> of January 2013 !!!!**

**For registration please fill in the Registration Form at the bottom of the Announcement!**



[http://www.visitgreece.gr/en/main\\_cities/volos](http://www.visitgreece.gr/en/main_cities/volos)



## Preliminary programme

### **Wednesday, March, 20 2013:**

1000 – 1800	Arrival / registration and optional social programme
1800 – 1930	INSHS Board Meeting
2000	Welcome dinner in the hotel

### **Thursday, March, 21 2013:**

*Chair: Nic James*

830 - 930	Breakfast
930 – 1100	Organized Social Programme
1100 – 1130	Exercise and Health – Sub Group Meeting (M.Durakovic)
1130 – 1200	Performance Analysis - Sub Group Meeting ( M.Hughes)
1200 – 1330	Lunch
1330 – 1430	Welcome speeches/ host intro (I. Theodorakis, V. Zisi)
1430 - 1450	Ongoing Issues INSHS (H. Dancs )
1450 - 1500	Intro RMH Network(?) South/ Middle American Partners
1500 - 1520	Coffee break

*Chair: Goran Sporis*

1520 - 1540	Introduction of SportProfnet (H. Dancs)
1540 - 1730	New Members Intro- PPT presentations (10min/university)

1730 – 1800	Sport and Society – Sub Group Meeting (J. Gaillard)
1800 – 1840	SportProfNet Meeting (H. Dancs)
1840 – 1920	Pedagogy, Psychology, Methodology and Physical Education - Sub Group Meeting ( I. Fjortoft)
1920- 2000	Ageing – Sub Group Meeting ( A. Hoekelmann)
2030	Dinner / Social Programme

### **Friday, March, 22 2013:**

*Chair: Joel Gaillard*

0730	Breakfast
0900 – 1100	Introduction of international activity of institutions in 2012 (10 min PPT by each institution).
1100 – 1120	Coffee Break

*Chair: Marjeta Misigoj Durakovic*

1120 – 1300	Introduction of international activity of institutions in 2012 (10 min PPT by each institution).
1300 – 1430	Lunch

*Chair: Anita Hoekelmann*

1430 – 1530	Intro presentations about current researches (10'-15' PPT/ presenter)
1530 – 1600	Coffee

*Chair: Henriette Dancs*

1600 – 1900	General Assembly Meeting
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2000 - 2130 Dinner

2130 “Let’s Come Together Snack party!”

We will have our usual and very popular **Snack Party** in an allocated spot of the hotel. Everybody should bring a small amount of their typical national delicatesses/snacks/drinks from her/his country and everybody should introduce these.

### **Saturday, March, 23 2013:**

*Chair: Mike Hughes*

0730 Breakfast

09.00 – 1030 Open forum – finding partners and support for int. projects (5-7’/institute to introduce future plan for 2010-01

1030 – 1100 Coffee break

*Chair: Ingunn Fjortoft*

1100 – 1130 Open forum – summary

1130 – 1145 Introduction of the next host (University of Alicante) - PPT

1145 – 1215 Closing of the Convention and sign of final declaration of our 6<sup>th</sup> convention

1215 – 1400 Lunch

1400 Optional sightseeing, social programmes

2000 - 2130 Dinner

### **Sunday, March, 24 2013:**

Departure

## Technical information about the presentations:

New members should introduce their university faculty/department/institute and their activity on the field of sport and health science. (10-15 min PPT) –

**On Thursday**

“Old” members should introduce their international INSHS activity in 2012 (10 min) – **On Friday**

“Open Forum”: introduce your project for which you need partners in PPT, if possible! – **On Saturday**

**Sub Group Meetings:** the goal of this meetings to discuss further cooperation on the different thematic fields. These will be chaired by the Sub Group Chaires. - **On Thursday**

If someone would like to present her/his current researches, please send the title to the organiser on the application form! (10 min PPT). - **On Friday**

**afternoon:** “Intro presentations about current researches”. About 10 researches/ research project could be introduced, particularly those should present who need international partners.

**The deadline to send the title of presentations about researches is:**

**1<sup>st</sup> of March 2013**

**Please note: send the Registration Form to both email addresses: to Vasiliki Zisi and to Henriette Dancs as well!!!!**

We are grateful for every supportive idea, suggestion, remarks regarding our next convention.

WELCOME to Greece and best regards,

**Dr Vasiliki Zisi**

**Chair of the Local Organizing Committee**

**Email:** vzisi@pe.uth.gr

**Dr Henriette Dancs**

**Head Coordinator of INSHS**

**Email:** dancs@mnsk.nyme.hu



## Registration Form

**Name of Participants:**

\* Please highlight, who will be the INSHS contact person from your institute, if more persons will come to the Convention.

**Name of Institute:**

**Address of Institution:**

**Email availability of participant:**

**Day of arrival:**

**Day of departure:**

**Hotel accommodation requirements:**

**Title of presentation about current researches (Optional):**

**Deadline to send back the Registration Form is:**

**1<sup>st</sup> of March 2013 – please send to the both emails:**

**[dancs@mnsk.nyne.hu](mailto:dancs@mnsk.nyne.hu) and [vzisi@pe.uth.gr](mailto:vzisi@pe.uth.gr)**

